

# **Recreation and Leisure Programs and Activities for Special Populations**



## **Broward County, Florida FALL 2024 / WINTER 2025**

**Prepared by the  
Broward County Parks and Recreation Division  
Special Populations Section**

**Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)**

**[Broward.org/Parks](http://Broward.org/Parks)**

**The information contained in this listing is compiled for general information purposes only and is accurate to the best of the preparers' knowledge. Most of the information listed was provided by the program provider / agency. Broward County does not endorse any of the programs or access features listed. Be sure to examine each program and access feature carefully, by contacting the provider listed in the entry, to determine what is desirable to meet your specific interests and needs. Please note that many of the programs listed have a preregistration requirement and may be fee-based. Should you have any corrections, or know of programs or access features not included, contact the Special Populations Section at 954-357-8170/8160, TTY: 954-537-2844, or [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org).**

### **COUNTY PROVIDERS OUTSIDE OF BROWARD COUNTY**

**Miami Dade Parks Therapeutic Recreation and Inclusion: 305-755-7848**

**[MiamiDade.gov/Parks](http://MiamiDade.gov/Parks)**

**Palm Beach County Therapeutic Recreation: 561-966-7015**

**Palm Beach Special Olympics: 561-966-7019 - [Co.Palm-Beach.FL.US/parks](http://Co.Palm-Beach.FL.US/parks)**

**General Program Information**

**3R's ARTS AND CRAFTS – Recycle, Reuse, Repurpose**  
**For ages 18 and up, with an intellectual, developmental, and/ or physical disability.**  
**This program will provide opportunities to explore and create art with recycled, repurposed, and found materials while promoting and enhancing creativity and self-expression. Preregistration required. Call or email for details.**

**ADAPTIVE KAYAKING**  
**For ages 18 and up, with a visual disability and one adult guest. This is an inclusive program.**  
**This program offers the basics, etiquette, and safety of adaptive kayaking, while being physically active and socializing on the water. Preregistration required. Call or email for details.**

**Contact Information**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section**  
**Location: Plantation Heritage Park, Plantation**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section**  
**Location: West Lake Park, Hollywood**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**

**BOCCIA**

**For veterans, with and without, disabilities, and ages 18 and up, with a physical disability.**

**This program will introduce the sport of boccia that is aimed to focus on hand eye coordination and fine motor skills that will improve with continued practice. Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise**

**Location: Sunrise Civic Center, Gymnasium  
Special Populations – Phone: 954-357-8170/  
8160**

**TTY: 954-537-2844**

**Email: SpecialPopulations@Broward.org  
Broward.org/Parks  
SunriseFL.gov**

**BOWLING**

**For ages 13 and up, with an intellectual, developmental, and/ or physical disability.**

**Learn and develop skills for playing the sport of bowling while having fun!  
Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**

**Location: SpareZ, Davie**

**Special Populations – Phone: 954-357-8170/  
8160**

**TTY: 954-537-2844**

**Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**C.O.R.E.S. (Connecting Others Recreationally, Educationally, and Socially)**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest. This is an inclusive program.**

**This program will provide the opportunity to participate in recreation, education (leisure), and social activities with peers throughout Broward County. Activities will vary from week to week. Preregistration required. Call or email for details.**

**Location: Varies**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**

**HYBRID CROSS-ROUND FITNESS**

**For veterans, with and without, disabilities, and ages 18 and up, with a physical disability.**

**This free program, in partnership with Supportabilities Foundation, will teach self-defense through noncontact boxing and promote physical fitness through adaptive exercises while enhancing physical, emotional, and social confidence. Preregistration required. Call or email for details.**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section and Supportabilities Foundation**  
**Location: Varies**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**  
**SupportabilitiesFoundation.org**

**DISC GOLF 101**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest. This is an inclusive program.**

**Learn fundamentals, skills, equipment, field of play, rules, and more; or hone your skills. Disc golf is an enjoyable, affordable, and active outdoor recreation or competitive activity that can be played at many of Broward County's beautiful parks.**

**Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section  
Location: Plantation Heritage Park, Plantation**

**Special Populations – Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)**

**DRUM TO THE BEAT**

**For ages 18 and up, living with Alzheimer's disease.**

**A collaborative drumming program with the City of Lauderdale Lakes' Alzheimer's Care Center that focuses on rhythmic patterns with different percussion instruments and promotes enjoyment and inclusion for all! Call or**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes**

**Location: Alzheimer's Care Center, Lauderdale Lakes**

**Special Populations – Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**email for details.**

**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)  
[LauderdaleLakes.org](http://LauderdaleLakes.org)**

**FIT WITH FAMILY INCLUSIVE EXERCISE**  
**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest. This is an inclusive program.**

**A light to moderate intensity, head to toe, exercise and movement to music program that will promote general fitness and health. Preregistration required. Call or email for details.**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section**  
**Location: C.B. Smith Park, Pembroke Pines**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)**

**HANDCYCLES**

**For ages 18 and up, with a physical disability.**

**Two handcycles, one recumbent, one upright, may be checked out on a first-come, first-served basis. Handcycles are for independent use within the park. Call or email for details.**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section**  
**Location: Varies**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: [SpecialPopulations@Broward.org](mailto:SpecialPopulations@Broward.org)  
[Broward.org/Parks](http://Broward.org/Parks)**

**KICKBALL**

**For ages 13 and up, with an intellectual, developmental, and/ or physical disability.**

**Learn and develop skills for playing the sport of kickball while having fun! Preregistration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section  
Location: Brian Piccolo Sports Park and Velodrome, Field # 7, Cooper City  
Special Populations – Phone: 954-357-8170/8160  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**MOVIE NIGHT**

**For ages 18 an up, with an intellectual, developmental, and/ or physical, disability.**

**A free program to enjoy an evening watching a movie with peers. All abilities are welcome! Monthly on Fridays at 4:30 p.m. Registration required. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section and City of Sunrise Leisure Services  
Location: Sunrise Athletic Complex, Sunrise  
Special Populations – Phone: 954-357-8170/8160 or 954-747-4608  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks  
SunriseFL.gov**

**MUSICAL EXPRESSIONS**

**For ages 13 to 30, with an intellectual,**

**Contact Information:**

**Broward County Parks and Recreation**



**developmental, and/ or physical disability.**  
**Express yourself and communicate with music by learning musical skills with various percussion instruments. Have fun and gain confidence as you learn rhythmic patterns and use vocals.**  
**Preregistration required. Call or email for details.**

**Division, Special Populations Section**  
**Location: Tree Tops Park, Davie**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**

**NORDIC POLE WALKING**  
**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and one adult guest. This is an inclusive program.**  
**This inclusive cardio and strength-based program will introduce participants to a simple, low-impact, and healthful walking activity.**  
**Preregistration required. Call or email for details.**

**Contact Information:**  
**Broward County Parks and Recreation**  
**Division, Special Populations Section**  
**Location: Varies**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**

**SPECIAL OLYMPICS LITTLE ELITES**  
**For ages 6 to 12, with an intellectual, developmental, and/ or physical**

**Contact Information:**  
**Broward County Parks and Recreation**  
**Division, Special Populations Section and**

**disability.**

**A youth developmental sports program that focuses on expanding sport-specific skills for an array of sports while encouraging cooperation and socialization. Preregistration required. Call or email for details.**

**Special Olympics Florida**

**Location: Central Broward Park and Broward County Stadium, Lauderdale**

**Special Populations – Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**SpecialOlympicsFlorida.org/South**

**TANDEM BIKE SKILL DEVELOPMENT AND LEISURE RIDES**

**For ages 18 and up, with a visual disability and one adult guest. This is an inclusive program.**

**This program offers basic biking skills, safety, bike mechanics, trust-building, and group riding etiquette along with the opportunity for physical activity, fun, and socialization. Call or email for details.**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section**

**Location: Tradewinds Park, Coconut Creek  
Special Populations – Phone: 954-357-8170/8160**

**TTY: 954-537-2844**

**Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**TAKE THE STAGE!**

**For ages 6 to 17, with an intellectual, developmental, and/ or physical**

**Contact Information:**

**Broward County Parks and Recreation Division, Special Populations Section and**

**disability.**  
**A free fun dance program. Participants will explore various styles and elements of dance with student volunteers assisting. Program focuses on rhythm, coordination, socialization, self-awareness, self-expression, and confidence. Preregistration required. Call or email for details.**

**City of Plantation**  
**Location: Plantation Central Park, Plantation**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**  
**Plantation.org**

**WATER AEROBICS**  
**For ages 18 and up, with an intellectual, developmental, and/ or physical disability. This is an inclusive program. A free program offering a workout in the water while having fun and socializing with peers. Preregistration required. Call or email for details.**

**Contact Information:**  
**Broward County Parks and Recreation**  
**Division, Special Populations Section, and the City of Pompano Beach**  
**Location: Houston Sworn Aquatic Center, Pompano Beach**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**  
**PompanoBeachFL.gov**

**WATER-SAFETY CLASSES**  
**For ages 6 months to 18, with an**

**Contact Information:**  
**Broward County Parks and Recreation**

<p><b>intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b></p> <p><b>Broward County's chief coordinating agency for water-safety instruction and awareness. SWIM Central maintains the most comprehensive database in Florida, tracking every single swimming pool and program in the County.</b></p>	<p><b>Division, SWIM Central</b></p> <p><b>Location: Various locations throughout Broward</b></p> <p><b>Phone: 954-357-7946</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SWIMCentral@Broward.org</b></p> <p><b>Broward.org/Parks</b></p>
<p><b>YOGA</b></p> <p><b>For ages 18 and up, with a visual disability.</b></p> <p><b>Group yoga instruction with postures adapted to individuals' abilities.</b></p> <p><b>Preregistration required. Call or email for details.</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section</b></p> <p><b>Location: Varies</b></p> <p><b>Special Populations – Phone: 954-357-8170/ 8160</b></p> <p><b>TTY: 954-537-2844</b></p> <p><b>Email: SpecialPopulations@Broward.org</b></p> <p><b>Broward.org/Parks</b></p>
<p><b>ADULT SOCIAL – “Fall Frolic” Dance</b></p> <p><b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability.</b></p> <p><b>Deejay music, dancing, refreshments,</b></p>	<p><b>Contact Information:</b></p> <p><b>Broward County Parks and Recreation Division, Special Populations Section</b></p> <p><b>Location: Long Key Natural Area and Nature Center, Davie</b></p>

**socializing and fun. Friday, October 4, 2024, from 7 p.m. to 9 p.m. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Special Populations – Phone: 954-357-8170/8160  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**TEEN AND ADULT SOCIAL – “Western Hoedown” Dance**  
**For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.**  
**Deejay music, dancing, refreshments, socializing and fun. Friday, November 15, 2024, from 7 p.m. to 9 p.m.**  
**Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section**  
**Location: Tree Tops Park, Davie**  
**Special Populations – Phone: 954-357-8170/8160**  
**TTY: 954-537-2844**  
**Email: SpecialPopulations@Broward.org**  
**Broward.org/Parks**

**ADULT SOCIAL – “Holidays Around the World” Dance**  
**For ages 18 and up, with a visual disability.**  
**Co-sponsored by the City of Lauderdale Lakes Human Services. Deejay music,**

**Contact Information:**  
**Broward County Parks and Recreation Division, Special Populations Section and City of Lauderdale Lakes**  
**Location: Multi-Purpose Center, Lauderdale Lakes**

**dancing, refreshments, socializing and fun. Reservations required. Call or email for additional information. Friday, December 13, 2024, from 6 p.m. to 8 p.m. Note: Direct supervision of participants is not provided.**

**Special Populations – Phone: 954-357-8170/8160  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks  
LauderdaleLakes.org**

**ADULT SOCIAL – “Winter Wonderland” Dance  
For ages 18 and up, with an intellectual, developmental, and/ or physical disability.  
Deejay music, dancing, refreshments, socializing and fun. January 2025.  
Times are to be determined.  
Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:  
Broward County Parks and Recreation Division, Special Populations Section  
Location: Long Key Natural Area and Nature Center, Davie  
Special Populations – Phone: 954-357-8170/8160  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**NAMI SATURDAY SOCIAL  
For ages 18 and up, living with mental health conditions.  
Co-sponsored by the National Alliance on Mental Illness, Broward County.**

**Contact Information:  
Broward County Parks and Recreation Division, Special Populations Section  
Location: Tree Tops Park, Davie  
Special Populations – Phone: 954-357-8170/**

**Deejay music, dancing, refreshments, socializing and fun. February 2025. Times are to be determined. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**8160  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks**

**TEEN AND ADULT SOCIAL – “Go Green” Dance  
For ages 13 to 25, with an intellectual, developmental, and/ or physical disability.  
Co-sponsored by the City of Tamarac, Parks and Recreation. Deejay music, dancing, refreshments, socializing and fun. March 2025. Times are to be determined. Reservations required. Call or email for details and/ or reservation. Note: Direct supervision of participants is not provided.**

**Contact Information:  
Broward County Parks and Recreation  
Division, Special Populations Section and  
City of Tamarac  
Location: Tamarac Community Center,  
Tamarac  
Special Populations – Phone: 954-357-8170/  
8160  
TTY: 954-537-2844  
Email: SpecialPopulations@Broward.org  
Broward.org/Parks  
Tamarac.org**

**SPECIAL NEEDS BOWLING LEAGUE  
For all ages, with an intellectual, developmental, physical, emotional,**

**Contact Information:  
City of Coconut Creek Parks and Recreation  
Location: AMF Margate Lanes, Margate**

**visual, and/ or hearing disability. All levels of bowlers and experience are welcome. This program is about having fun, making friends, and social interaction with a little friendly competition. Registration required at Community Center prior to being accepted into program. Mondays from 5 p.m. to 7 p.m. August 19 through October 14. No September 2. Call for details.**

**Phone: 954-545-6670  
CoconutCreek.net/Parks/Special-Needs**

**BOOGIE DOWN DANCES**  
**For all ages, with an intellectual, developmental, and/ or physical disability. Monthly themed dances with entertainment and refreshments. First Friday of the month. October 4, 2024; December 13, 2024; February 7, 2025, from 7 p.m. to 9 p.m. Five-dollar cash only upon entry. Direct supervision is not provided. Call or email for details.**

**Contact Information:  
City of Coral Springs Parks and Recreation  
Location: Sartory Senior Center in Mullins Park, Coral Springs  
Phone: 954-345-2208  
Email: DFutterman@CoralSprings.gov  
CoralSprings.org**

**SATURDAY'S SOCIAL CLUB**

**Contact Information:**



**For ages 10 and up, with an intellectual, developmental, and/ or physical disability.**

**Fun-filled activity day including on-site and off-site entertainment. Times and cost vary. Preregistration required. Participants must be self-sufficient. Saturdays from 10 a.m. to 2 p.m. Call or email for details.**

**City of Coral Springs Parks and Recreation**

**Location: Varies**

**Phone: 954-345-2208**

**Email: DFutterman@CoralSprings.gov**

**CoralSprings.org**

**LOVE SERVING AUTISM TENNIS AND PICKLEBALL PROGRAM**

**For ages 5 to 18, with autism.**

**In collaboration with Love Serving Autism, a tennis and pickleball program offering specialized therapeutic instruction for individuals with Autism Spectrum Disorders. Saturdays from 9 a.m. to 10 a.m. September 14 through October 19. Call for details.**

**Contact Information:**

**City of Coral Springs Parks and Recreation and Love Serving Autism**

**Location: Cypress Park Tennis Center, Coral Springs**

**Phone: 954-345-2100**

**CoralSprings.org**

**LoveServingAutism.org**

**ADAPTIVE AQUATICS AND SWIM LESSONS**

**For ages 3 to 18, with intellectual or developmental disability.**

**Contact Information:**

**Town of Davie Parks, Recreation, and Cultural Arts**

**Location: Davie**

**Aimed at increasing swimming skills and confidence in the water and prompting water safety skills using adaptive and personalized techniques. Tuesdays and Thursdays from 3:45 p.m. to 4:15 p.m. Registration required. Call for details.**

**Phone: 954-327-3926  
Davie-FL.org**

**BALANCE AND STRENGTHENING**  
**For ages 55 and up.**  
**Strengthen your core muscles and improve your balance and coordination in this low intensity exercise class that is mostly done seated with some movements using chair support. Mondays from 9 a.m. to 10 a.m. Year-round. Call or email for details.**

**Contact Information:**  
**City of Fort Lauderdale Parks and Recreation**  
**Location: Croissant Park, Fort Lauderdale**  
**Phone: 954-828-7275**  
**Email: ParksInfo@FortLauderdale.gov**  
**FortLauderdale.gov**

**CHAIR YOGA**  
**For ages 55 and up.**  
**Includes gently stretching, strengthening, and relaxing the body. It provides benefits of regular Hatha yoga from the comfort of a chair. This class is perfect for individuals with mobility**

**Contact Information:**  
**City of Fort Lauderdale Parks and Recreation**  
**Location: Warfield Park, Fort Lauderdale**  
**Phone: 954-828-7275**  
**Email: ParksInfo@FortLauderdale.gov**  
**FortLauderdale.gov**

**limitations. Tuesdays from 9:45 a.m. to 10:45 a.m. Call or email for details.**

**FORT LAUDERDALE SHARKS**

**Wheelchair Adaptive Basketball  
For ages 16 and up, with a physical disability.**

**In collaboration with the Fort Lauderdale Sharks, competitive and recreational wheelchair basketball. Team is part of the National Wheelchair Basketball Association. All welcome to participate. Year-round. Fridays from 6 p.m. to 9 p.m. and Sundays from 1 p.m. to 5 p.m. Call or email for details.**

**Contact Information:**

**City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks**

**Location: Joseph C. Carter Park, Fort Lauderdale**

**Phone: 954-828-5411 or 954-993-3889**

**Email: ParksInfo@FortLauderdale.gov or FTLSharks@Gmail.com**

**FortLauderdale.gov**

**FTLSharks.com**

**FORT LAUDERDALE LADY SHARKS**

**Wheelchair Adaptive Basketball  
For ages 16 and up, with a physical disability.**

**In collaboration with the Fort Lauderdale Lady Sharks, competitive and recreational wheelchair basketball. All welcome to participate. Year-round.**

**Contact Information:**

**City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks**

**Location: Joseph C. Carter Park, Fort Lauderdale**

**Phone: 954-828-5411 or 954-993-3889**

**Email: ParksInfo@FortLauderdale.gov or FTLSharks@Gmail.com**

<p><b>Tuesdays from 7:30 p.m. to 9:30 p.m., Fridays from 6 p.m. to 9:30 p.m., and Sundays at 12 p.m. to 3 p.m. Call or email for details.</b></p>	<p><b>FortLauderdale.gov FTLSharks.com</b></p>
<p><b>JR. FORT LAUDERDALE SHARKS – Prep and Juniors Wheelchair Basketball</b>  <b>For ages 6 to 17, with a physical disability.</b>  <b>In collaboration with the Jr. Fort Lauderdale Sharks, competitive and recreational wheelchair basketball in County and surrounding areas. All welcome to participate. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Sharks</b>  <b>Location: Joseph C. Carter Park, Fort Lauderdale</b>  <b>Phone: 954-828-5411 or 954-303-6999</b>  <b>Email: ParksInfo@FortLauderdale.gov or JuniorSharksBasketball@Gmail.com</b>  <b>FortLauderdale.gov FTLSharks.com</b></p>
<p><b>MEDITATIVE YOGA</b>  <b>For ages 55 and up.</b>  <b>Quiet the mind and focus on the present, while moving through various relaxation techniques and simple seated body movements. Tuesdays from 9 a.m. to 9:45 a.m., at Warfield Park. Fridays from 9 a.m. to 9:45 a.m., at Holiday Park. Year-round. Call or email</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: Warfield Park, Fort Lauderdale and Holiday Park, Fort Lauderdale</b>  <b>Phone: 954-828-7275</b>  <b>Email: ParksInfo@FortLauderdale.gov</b>  <b>FortLauderdale.gov</b></p>

<p><b>for details.</b></p>	
<p><b>TAI CHI</b>  <b>For ages 55 and up.</b>  <b>A great low-impact workout to learn relaxing and cleansing techniques.</b>  <b>Tuesdays and Thursdays from 9:30 a.m. to 10:30 a.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: Holiday Park, Fort Lauderdale</b>  <b>Phone: 954-828-7275</b>  <b>Email: ParksInfo@FortLauderdale.gov</b>  <b>FortLauderdale.gov</b></p>
<p><b>WHEELCHAIR TENNIS PROGRAM</b>  <b>For ages 18 and up, with a physical disability.</b>  <b>Learn how to play wheelchair tennis.</b>  <b>Free instruction and drills for all abilities and levels. Four specialized adult sport wheelchairs available. Every other Wednesday from 6:30 p.m. to 8 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Fort Lauderdale Parks and Recreation</b>  <b>Location: George English Tennis Center, Fort Lauderdale</b>  <b>Phone: 954-828-4620 or 954-828-5378</b>  <b>Email: ParksInfo@FortLauderdale.gov</b>  <b>FortLauderdale.gov</b></p>
<p><b>SPECIAL NEEDS SWIM LESSONS</b>  <b>Adaptive Aquatics</b>  <b>For ages 6 months and up, with an intellectual, developmental, physical, and/ or hearing disability.</b>  <b>Group swim lessons for children with disabilities. Adult must enter water with</b></p>	<p><b>Contact Information:</b>  <b>City of Hollywood Parks, Recreation and Cultural Arts</b>  <b>Location: Driftwood Community Pool, Hollywood</b>  <b>Phone: 954-967-4644</b>  <b>Email: CFernandez@HollywoodFL.org</b></p>

<p><b>child. Registration required. Call or email for session dates and details.</b></p>	<p><b>HollywoodFL.org</b></p>
<p><b>ADULT SPECIAL NEEDS DANCES</b> For adults, with an intellectual, developmental, physical, and/ or emotional disability. Enjoy an evening of dancing, music, and socializing. Light snacks and drinks provided. Third Tuesday of the month from 6:30 p.m. to 8 p.m. Call or email for details.</p>	<p><b>Contact Information:</b> <b>City of Hollywood Parks, Recreation and Cultural Arts</b> <b>Location: Boulevard Heights Community Center, Hollywood</b> <b>Phone: 954-967-4235</b> <b>Email: ERouland@HollywoodFL.org</b> <b>HollywoodFL.org</b></p>
<p><b>ADULT SOCIAL CLUB</b> For adults, with an intellectual, developmental, physical, emotional, and/ or hearing disability. Regularly scheduled life skill and recreational activities. Mondays and Fridays from 3 p.m. to 4:30 p.m. Call or email for details.</p>	<p><b>Contact Information:</b> <b>City of Hollywood Parks, Recreation and Cultural Arts</b> <b>Location: Boulevard Heights Community Center, Hollywood</b> <b>Phone: 954-967-4235</b> <b>Email: ERouland@HollywoodFL.org</b> <b>HollywoodFL.org</b></p>
<p><b>ADAPTIVE SWIM LESSONS</b> For ages 6 months and up, with an intellectual, developmental, physical,</p>	<p><b>Contact Information:</b> <b>City of Margate Parks and Recreation</b> <b>Location: Calypso Cove Water Park, Margate</b></p>

**emotional, visual, and/ or hearing disability.**  
**One-on-one swim lessons for individuals unable to be independent in water.**  
**Designed to increase swimming skills.**  
**Preregistration required. By appointment.**

**Phone: 954-974-4566**  
**Email: CCove@MargateFL.com**  
**MargateFL.com**

**AUTISM AWARENESS AND ACCEPTANCE DAY**  
**For all ages, with an intellectual or developmental disability.**  
**An educational and fun event with games, live music, art, crafts, face painting, educational resources and vendors and a petting zoo. Saturday, April 26, 2025, from 9 a.m. to 12 p.m.**  
**Call for details.**

**Contact Information:**  
**City of Parkland Parks and Recreation**  
**Location: Pines Trails Park, Amphitheatre, Parkland**  
**Phone: 954-757-4105**  
**CityofParkland.org**

**SPECIAL OLYMPICS AQUATICS**  
**For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**disability.**  
**In collaboration with Special Olympics**

**Contact Information:**  
**City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports**  
**Location: Pines Charter Central Campus, Pembroke Pines**

<p><b>Florida-Broward County and YMCA South Florida. Athletes can train and compete in aquatics. Athletes must know swimming basics. Must meet Special Olympics eligibility requirements. Call or email for details.</b></p>	<p><b>Phone: 954-766-5680</b>  <b>Email: JLata@YMCASouthFlorida.org</b>  <b>PPines.com</b>  <b>YMCASouthFlorida.org</b></p>
<p><b>SPECIAL OLYMPICS BASKETBALL</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.</b>  <b>In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes can train and compete in basketball. Must meet Special Olympics eligibility requirements. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports</b>  <b>Location: Pembroke Pines</b>  <b>Phone: 954-766-5680</b>  <b>Email: JLata@YMCASouthFlorida.org</b>  <b>PPines.com</b>  <b>YMCASouthFlorida.org</b></p>
<p><b>SPECIAL OLYMPICS FLAG FOOTBALL</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.</b>  <b>In collaboration with Special Olympics</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports</b>  <b>Location: Town Gate Park, Pembroke Pines</b>  <b>Phone: 954-766-5680</b></p>



<p><b>Florida-Broward County and YMCA South Florida. Athletes can train and compete in flag football. Must meet Special Olympics eligibility requirements. Call or email for details.</b></p>	<p><b>Email: JLata@YMCASouthFlorida.org PPines.com YMCASouthFlorida.org</b></p>
<p><b>SPECIAL OLYMPICS SOCCER</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.</b>  <b>In collaboration with Special Olympics Florida-Broward County and YMCA South Florida. Athletes can train and compete in soccer. Must meet Special Olympics eligibility requirements. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports</b>  <b>Location: Town Gate Park, Pembroke Pines</b>  <b>Phone: 954-766-5680</b>  <b>Email: JLata@YMCASouthFlorida.org PPines.com YMCASouthFlorida.org</b></p>
<p><b>SPECIAL OLYMPICS TENNIS</b>  <b>For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. disability.</b>  <b>In collaboration with Special Olympics Florida-Broward County and YMCA</b></p>	<p><b>Contact Information:</b>  <b>City of Pembroke Pines Recreation and Cultural Arts/YMCA of South Florida Adaptive Sports</b>  <b>Location: Rose G. Price Park, Pembroke Pines</b>  <b>Phone: 954-766-5680</b></p>

**South Florida. Athletes can train and compete in tennis. Must meet Special Olympics eligibility requirements. Call or email for details.**

**Email: JLata@YMCASouthFlorida.org  
PPines.com  
YMCASouthFlorida.org**

**MIRACLE LEAGUE BASEBALL**  
**For ages 5 to 21, and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**Played on an accessible field for individuals using wheelchairs and other walking devices. Parent or guardian must be present. Call or email for details.**

**Contact Information:**  
**City of Pembroke Pines Recreation and Cultural Arts**  
**Location: Rose G. Price Park, Pembroke Pines**  
**Phone: 954-437-1140**  
**Email: TJoyce@PPines.com**  
**PPines.com**

**LOVE SERVING AUTISM TENNIS AND PICKLEBALL PROGRAM**  
**For ages 5 to 18, with autism.**  
**In collaboration with Love Serving Autism, a tennis and pickleball program offering specialized therapeutic tennis instruction for individuals with Autism Spectrum Disorders and Developmental Challenges. Saturdays from 11:30 a.m.**

**Contact Information:**  
**City of Plantation Parks and Recreation and Love Serving Autism**  
**Location: Frank Veltri Tennis Center - Plantation Central Park, Plantation**  
**Phone: 954-513-3540**  
**Email: DDebruyne@Plantation.org or JRickey@Plantation.org**  
**Plantation.org**

**to 12:30 p.m. August 24 through September 28. Call or email for details.**

**LoveServingAutism.org**

**PLANTATION ADAPTIVE "PAP" TENNIS PROGRAM**

**For ages 7 to 17, and 18 and up, with a physical disability.**

**In collaboration with the Plantation Community Tennis Corporation and the United States Tennis Association (UTSA) Wheelchair Tennis Program. Tennis instruction and play for beginners to advanced wheelchair players. All equipment provided. Four specialized adult sport wheelchairs and two youth sport wheelchairs available. First and third Thursday of the month from 6:30 p.m. to 9 p.m. Call or email for details.**

**Contact Information:**

**City of Plantation Parks and Recreation and Plantation Community Tennis Corporation**

**Location: Frank Velletri Tennis Center - Plantation Central Park, Plantation**

**Phone: 954-513-3540**

**Email: DDebruyne@Plantation.org or JRickey@Plantation.org**

**Plantation.org**

**ADAPTIVE KICKBALL**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and autism.**

**Learn the basic skills to play adaptive**

**Contact Information:**

**City of Pompano Beach Parks and Recreation**

**Location: Kester Park, Pompano Beach**

**Phone: 954-786-7841**

**Email: TRec@COPBFL.com**

<p><b>kickball. Tuesdays from 9:30 a.m. to 11 a.m. Call or email for details.</b></p>	<p><b>PompanoBeachFL.gov</b></p>
<p><b>ADAPTIVE TENNIS</b>  <b>For ages 6 to 16, with autism.</b>  <b>Learn the basic skills to play adaptive tennis. Equipment provided. Tuesdays from 6 p.m. to 7 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks and Recreation</b>  <b>Location: Pompano Beach Tennis Center, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>CHOOSE TO INCLUDE: BASKETBALL EVENT</b>  <b>For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and autism.</b>  <b>A fun basketball event where participants will enjoy friendly competitions, music by a live DJ and hosted by a live MC. Don't miss out on the fun, inclusive, community spirit!</b>  <b>Saturday, September 21, 2024, from 11:00 a.m. to 3 p.m. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>City of Pompano Beach Parks and Recreation</b>  <b>Location: Pompano Beach High School Gymnasium, Pompano Beach</b>  <b>Phone: 954-786-7841</b>  <b>Email: TRec@COPBFL.com</b>  <b>PompanoBeachFL.gov</b></p>
<p><b>DECK THE HALLS DANCE</b></p>	<p><b>Contact Information:</b></p>

**For ages 13 and up, with an intellectual, developmental, and/ or physical disability, and autism.**

**A fun event where participants will enjoy dancing, music, refreshments, and mores! Saturday, December 14, 2024, from 6:30 p.m. to 8:30 p.m. Call or email for details.**

**City of Pompano Beach Parks and Recreation**

**Location: Emma Lou Olson Civic Center,  
Pompano Beach**

**Phone: 954-786-7841**

**Email: TRec@COPBFL.com  
PompanoBeachFL.gov**

**EMPOWERART**

**For ages 13 and up, with an intellectual, developmental, and/ or physical disability, and autism.**

**Discover new skills, make friends, and find joy in exploring, creating, and connecting through a variety of art forms. Registration required. Tuesdays from 9:30 a.m. to 11:00 a.m. Call or email for details.**

**Contact Information:**

**City of Pompano Beach Parks and Recreation  
Location: Emma Lou Olson Civic Center,  
Pompano Beach**

**Phone: 954-786-7841**

**Email: TRec@COPBFL.com  
PompanoBeachFL.gov**

**INCLUSIVE DISC GOLF PROGRAM**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability, and autism.**

**Learn the rules and develop skills to**

**Contact Information:**

**City of Pompano Beach Parks, Recreation,  
and Cultural Arts**

**Location: North Pompano Park, Pompano  
Beach**

**throw, putt, and connect with others working through a course. Family, friends, and caretakers are welcome to join in on the fun! Wednesdays from 10:00 a.m. to 11:30 a.m. Registration required. Call or email for details.**

**Phone: 954-786-7841  
Email: TRec@COPBFL.com  
PompanoBeachFL.gov**

**MONSTER MASH DANCE**  
**For ages 13 and up, with an intellectual, developmental, and/ or physical disability, and autism.**  
**A fun event where participants will enjoy dancing, music, refreshments, and mores! Friday, October 11, 2024, from 6:30 p.m. to 8:30 p.m. Call or email for details.**

**Contact Information:**  
**City of Pompano Beach Parks and Recreation**  
**Location: Emma Lou Olson Civic Center, Pompano Beach**  
**Phone: 954-786-7841**  
**Email: TRec@COPBFL.com**  
**PompanoBeachFL.gov**

**SPECIAL OLYMPICS LITTLE ELITES PROGRAM**  
**For ages 6 to 12, with an intellectual, developmental, and/ or physical disability, and autism.**  
**A developmental sports program for youth focusing on developing skills for basketball, flag football, soccer, and**

**Contact Information:**  
**City of Pompano Beach Parks, Recreation, and Cultural Arts**  
**Location: McNair Park, Pompano Beach**  
**Phone: 954-786-7841**  
**Email: TRec@COPBfFL.com**  
**PompanoBeachFL.gov**

**track and field. Fridays from 6 p.m. to 7 p.m. Registration required. Call or email for details.**

**AUTISM SWIMS**

**For ages 5 to 18, with autism. In collaboration with the Autism Foundation of Broward County. A free event, for youth with autism, to promote swimming and water safety. All abilities are welcome. Pool games, contests, and educational information. Reservation required. Saturday, April 2025. Call or email for details.**

**Contact Information:**

**City of Sunrise Leisure Services  
Location: Sunrise Civic Center Aquatic Complex, Sunrise  
Phone: 954-747-4618  
Email: KEckstrom@SunriseFL.gov  
SunriseFL.gov**

**WHEELCHAIR BASKETBALL – "Sunrise Suns"**

**For ages 16 and up, with a physical disability. In collaboration with the Sunrise Suns. Professional team practice. Non team members welcome to experience wheelchair basketball and observe practices. Tuesdays and Thursdays from 5 p.m. to 7 p.m. Call or email for**

**Contact Information:**

**City of Sunrise Leisure Services and Sunrise Suns  
Location: Village Multipurpose Center Gym, Sunrise  
Phone: 954-747-4601 or 954-609-4345  
Email: SunriseSuns1@Gmail.com  
SunriseFL.gov  
SunriseSuns.com**

<p><b>details.</b></p>	
<p><b>211 – SPECIAL NEEDS RESOURCES</b>  <b>For ages 0 to 22, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Free information and referrals to special needs resources, recreation, summer programs, and care coordination services. 211-broward.org.</b></p>	<p><b>Contact Information:</b>  <b>2-1-1 First Call for Help of Broward</b>  <b>24-hour helpline</b>  <b>Phone: 954-537-0211 or 2-1-1</b>  <b>211-Broward.org</b></p>
<p><b>12TH MAN FOOTBALL AND CHEER CAMP</b>  <b>For ages 3 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>A free one-day camp designed for those who because of a special need or disability have not had the opportunity to be involved in organized football or cheerleading. Dates to be determined. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>12th Man Football and Cheer Camp</b>  <b>Locations: Boca Raton and Miami</b>  <b>Phone: 305-970-6077</b>  <b>Email: TwelfthMFCC@Gmail.com</b>  <b>12thManFCC.org</b></p>
<p><b>HELENE AND ROY SCHWEDELSON SPECIAL NEEDS DEPARTMENT</b>  <b>For ages 3 to 22, and up, with an</b></p>	<p><b>Contact Information:</b>  <b>Adolph and Rose Levis Jewish Community Center, Helene and Roy Schwedelson Special</b></p>



**intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**A variety of programs designed to enhance social, motor, language, and other life skills that promote greater independence. Emphasis on making new friends in a safe, welcoming, and nurturing environment. Call or email for details.**

**Needs Department**  
**Locations: Boca Raton**  
**Phone: 561-852-3269**  
**Email: Alil@LevisJCC.org**  
**LevisJCC.org/SpecialNeeds**

**ANN STORCK CENTER ADVOCACY PROGRAM**  
**For ages 3 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**A program that offers support for education, transition, community resources, advocacy skills training, therapeutic services, and more. Must meet eligibility requirements. Call or email for details and eligibility.**

**Contact Information:**  
**Ann Storck Center**  
**Locations: Fort Lauderdale**  
**Phone: 954-584-8000**  
**Email: Info@AnnStorckCenter.org**  
**AnnStorckCenter.org**

**ABLE AFTER-SCHOOL PROGRAM**  
**For ages 3 to 21, with intellectual or**

**Contact Information:**  
**Arc Broward**

**developmental disability. Provides an enriched and specialized afterschool program for youth with developmental disabilities and behavioral challenges. Social skills, physical fitness, cultural arts, recreation, case management, and nursing services. Staff-to-child ratio. Monday to Friday from 1:30 p.m. to 6 p.m. Follows Broward County School calendar. Extended hours for early release and non-school days from 9 a.m. to 5 p.m. Call for details.**

**Location: Sunrise  
Phone: 954-746-9400  
ARCBroward.com**

**YOUTH LINKS AFTER-SCHOOL PROGRAM - School-to-Work Transition For ages 16 to 21, with an intellectual or developmental disability. Enhances social and employability skills and prepares for a successful transition into adulthood. During school year, experiences to address career development, social and life skills, self-determination, and advocacy. On non-**

**Contact Information:  
Arc Broward  
Locations: Varies throughout Broward County  
Phone: 954-790-9400  
ARCBroward.com**

**school days various field trips and volunteer experiences. Paid summer internship available. Call for details.**

**ARTISTS WITH AUTISM**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability and autism.**

**Helps aspiring artists learn business skills and social skills by showing and selling their own artwork. Helps foster and encourage micro-enterprising and promote the artistic talents of persons with autism and other disabilities.**

**ARTy Party: A fun and social art class, taught by a professional artist. Call, email, or visit website for details.**

**BIT-BY-BIT THERAPEUTIC RIDING CENTER**

**For ages 2 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Medical therapy providing Physical,**

**Contact Information:**

**Artists With Autism – Training Gallery  
Location: Festival Marketplace, Pompano Beach**

**Phone: 954-895-2786**

**Email: FlaGaL1106@gmail.com**

**ArtistswithAutism.org**

**Contact Information:**

**Bit-by-Bit Therapy**

**Location: Davie**

**Phone: 754-779-7888**

**Email: Info@BitbyBitTherapy.org**

**BitbyBitTherapy.org**

**Occupational or Speech therapy, with the use of a horse known as Hippotherapy, to meet medical goals. Recreational Adaptive Riding Lessons for children and adults with special needs.**

**Horses for Heroes Veterans Program. Visit website for program information and application. Call or email for details.**

**SPECIALIZED SERVICES**

**For children and adults, with an intellectual, developmental, emotional, and/ or physical disability.**

**Structured activities promoting skills building, learning, sensory integration and play, and independence. Services include individual and family therapy, autism treatments, evaluations, music, art, and group therapy, parent training, and behavioral consultations. Call or email for details.**

**M.O.S.T. (MAXIMIZING OUT OF SCHOOL**

**Contact Information:**  
**Cadenza Center**  
**Location: Hollywood**  
**Phone: 954-925-3191**  
**Email: Info@CadenzaCenter.com**  
**CadenzaCenter.com**

**Contact Information:**

**TIME) AFTER-SCHOOL PROGRAM**

**For ages 5 to 12, with a hearing disability.**

**High quality enrichment activities that provide exposure to art and culture, music, science, and community service while supporting academic, physical, and social development. Call or email for qualification requirements.**

**Center for Hearing and Communication**

**Location: Peters Elementary School, Plantation**

**Phone: 954-601-1930**

**TTY: 954-601-1338**

**Email: JHickman@CHCHearing.org  
CHCHearing.org**

**S.T.E.P. (SUPPORTED TRAINING AND EMPLOYMENT) PROGRAM**

**For ages 16 to 21, with a hearing disability.**

**Hands-on experiences designed to foster independence and improve social skills, communication, and employability skills. Case management, career counseling, life skills training, community service, leadership development, prevention education, and transition planning. Volunteer internship opportunities and paid summer employment supported by job coaches.**

**Contact Information:**

**Center for Hearing and Communication  
Location: South Plantation High School, Plantation**

**Phone: 954-601-1930**

**TTY: 954-601-1338**

**Email: JHickman@CHCHearing.org  
CHCHearing.org**

**Call or email for details.**

**YOUTH FORCE PROGRAM**

**For ages 12 to 16, with a hearing disability.**

**Services that include case management, cultural enrichment, counseling, employability skills training, academic services and support, prevention education, and community service learning. Call or email for details.**

**Contact Information:**

**Center for Hearing and Communication  
Location: South Plantation High School,  
Plantation**

**Phone: 954-601-1930**

**TTY: 954-601-1338**

**Email: [JHickman@CHCHearing.org](mailto:JHickman@CHCHearing.org)**

**[CHCHearing.org](http://CHCHearing.org)**

**CHALLENGER BASEBALL**

**For ages 5 to 21, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Modified baseball program allows boys and girls, with any disability, ages 5 to 21, to play baseball. "Buddies" help players so they can fully participate. Free to participate. Uniforms and equipment provided. Registration begins in November and games run from February to May. Games will be played**

**Contact Information:**

**Challenger Baseball**

**Location: Teams throughout Broward County. Players can play on team closest to their home.**

**Phone: 954-345-9329, 305-807-0078, or 407-595-3095**

**Email: [ChallengerBroward@Gmail.com](mailto:ChallengerBroward@Gmail.com)**

**[ChallengerBaseballofBroward.com](http://ChallengerBaseballofBroward.com)**

**on Sundays from 3:30 p.m. to 5:15 p.m.  
Call or email for details.**

**YOGA FOR CHILDREN WITH AUTISM  
AND SPECIAL NEEDS  
Call, email, or visit website for schedule  
and further details.**

**Contact Information:  
Creative Relaxation® Yoga for Children  
Location: Yoga Center, Deerfield Beach  
Phone: 954-579-1604  
Email: Louise@YogaforSpecialNeeds.com  
YogaforSpecialNeeds.com/**

**GIBORIM U  
For ages 6 and up, with an intellectual,  
developmental, and/ or physical  
disability.  
A program for children, teens, and  
adults with special needs that includes  
courses and classes in fitness, the arts,  
sports, reaction, life skills, and health  
and wellness. Monday to Friday and  
Sunday. Must be registered with  
Giborim U Program. Visit website for  
eligibility requirements and schedules.**

**Contact Information:  
David Posnack Jewish Community  
Center  
Location: Davie  
Phone: 954-434-0499, ext. 208  
Email: DLombard@DPJCC.org  
GiborimU.org  
DPJCC.org**

**THERAPEUTIC HORSEBACK RIDING  
For ages 4 and up, with an intellectual,**

**Contact Information:  
Equine-Assisted Therapies of South Florida**

**developmental, physical, emotional, visual, and/ or hearing disability. Horseback riding for people with cognitive, physical, and emotional disabilities. Call for details.**

**Location: Tradewinds Park North, Coconut Creek  
Phone: 954-974-2007  
EquineATSF.org**

**EXCEPTIONAL FITNESS TM  
For ages 5 and up, with an intellectual or developmental disability, and autism. Private, semi-private, group fitness, and Social Safety classes for individuals with ASD and other special needs. Call for details.**

**Contact Information:  
Exceptional Fitness Foundation  
Location: Varies  
Phone: 954-815-1546  
ExceptionalFitness.org**

**EXCEPTIONAL THEATER COMPANY (ETC)  
For ages 2 to 100, with an intellectual, developmental, and/ or physical disability. Innovative theater arts program held at various locations, days, and times. Creative expression through involvement in the arts and community service, utilizing the power of theater. Year-round. Call or email for details.**

**Contact Information:  
Exceptional Theater Company (ETC)  
Location: Pembroke Pines  
Phone: 954-699-4096 or 954-980-0012  
Email: Info@ExceptionalTheaterCompany.org  
ExceptionalTheaterCompany.org**



## **SUPERVISED TRIPS AND VACATIONS**

**For ages 18 and up, with an intellectual or developmental disability.**

**Vacation opportunities for individuals with intellectual and developmental disabilities and other special needs in a safe environment that promotes integration, socialization, friendship, and fun. Call or email for details.**

**September 10 through 14, Magic Kingdom, and Hollywood Studios, Orlando, FL. September 27 through 30, Dude Ranch, River Ranch, FL. October 3 through 6, Busch Gardens, Tampa, FL. October 24 through 28, Las Vegas and the Grand Canyon, NV. November 15 to 18, Universal Studios, Harry Potter and Islands of Adventure, Orlando, FL. December 4 through 7, Disney World, Magic Kingdom and Animal Kingdom Christmas Celebration, Orlando, FL. January 11 through 16, Mexico Cruise, Miami Departure. February 7 through 10,**

## **Contact Information:**

**Supervised Trips and Vacations**

**Location: Varies; all trips depart and return locally**

**Phone: 561-852-0910**

**Email: [Info@ExceptionalServices.com](mailto:Info@ExceptionalServices.com)**

**[Exceptional-Vacations.com](http://Exceptional-Vacations.com)**

**Disney World, Magic Kingdom and Hollywood Studios, Orlando, FL. February 24 through 28, Las Vegas and the Grand Canyon, NV. March 6 through 10, Disney Bahamas Cruise, Miami Departure.**

**DANCE FOR NEURODIVERSE**  
**For ages 18 and up, with an intellectual or developmental disability.**  
**A dance program for individuals with developmental disabilities and other special needs to enhance energy, and improve balance, coordination, and bone health. Includes jazz, ballet, hip hop, Zumba, and improv. Preregistration required. Call or email for details.**

**YOGA FOR NEURODIVERSE**  
**For ages 18 and up, with an intellectual or developmental disability.**  
**A yoga program for individuals with developmental disabilities and other special needs to support development, improve relaxation, and encourage a**

**Contact Information:**  
**Exceptional Wellness**  
**Location: Exceptional Wellness, Boca Raton**  
**Phone: 561-852-0910**  
**Email: Info@ExceptionalServices.net**  
**Exceptional-Wellness.com**

**Contact Information:**  
**Exceptional Wellness**  
**Location: Exceptional Wellness, Boca Raton**  
**Phone: 561-852-0910**  
**Email: Info@ExceptionalServices.net**  
**Exceptional-Wellness.com**

**positive self in a gentle, safe, and fun environment. Preregistration required. Call or email for details.**

**THE FRIENDSHIP CIRCLE**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A variety of programs and creative activities for those who have special needs. Year-round. Call, email, or visit website.**

**Contact Information:**

**Friendship Circle of South Broward  
Location: Chabad of South Broward, Hallandale  
Phone: 954-458-1877  
Email: Dassy@SBFriendshipCircle.com  
SBFriendshipCirlce.com**

**THE FRIENDSHIP CIRCLE**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. A variety of recreational, social, educational, and vocational programs for those who have special needs. Year-round. Call, email, or visit website.**

**Contact Information:**

**Friendship Circle of Southwest Broward  
Location: Chabad of Southwest Broward, Davie  
Phone: 954-252-1770  
Email: FriendshipCircleSWB@Gmail.com  
ChabadSWB.com**

**THE FRIENDSHIP CIRCLE**

**For ages 8 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Contact Information:**

**Friendship Circle of Greater Fort Lauderdale  
Location: Las Olas Chabad Jewish Center, Fort Lauderdale**

**A variety of programs for those who have special needs that include social, recreational, and educational experiences. Year-round. Call, email, or visit website.**

**Phone: 754-800-1770  
Email: Office@FriendshipFL.org  
FriendshipFL.org**

**THE FRIENDSHIP CIRCLE**

**For ages 0 to 18, and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Various recreation, sports, and life skills programs, including special events. Year-round. Call, email, or visit website.**

**Contact Information:  
Friendship Circle of North Broward and South Palm Beach  
Locations: Chabad of Parkland, Parkland  
Phone: 954-970-9551  
Email: FloridaFriendshipCircle@Gmail.com  
FloridaFriendshipCircle.com**

**FARM FRIENDS**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**In partnership with Kindness Shared Happiness Shared where there is an intimate experience with beloved rescued animals on a private farm. Teaches how to care for animals,**

**Contact Information:  
The Friendship Journey  
Location: Boca Raton  
Email: Hello@TheFriendshipJourney.org  
TheFriendshipJourney.org**

**fosters compassion, and cultivates a healing space for friendships to bloom. Email or visit website.**

**FLORIDA PANTHERS SPECIAL HOCKEY TEAM**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. In partnership with the Florida Panthers, and the American Special Hockey Association, players learn the fundamentals of ice hockey, support from coaches and volunteers, and connect with teammates. Email or visit website.**

**Contact Information:**

**The Friendship Journey**

**Location: Florida Panthers IceDen, Coral Springs**

**Email: Hello@TheFriendshipJourney.org  
TheFriendshipJourney.org**

**GINA'S ART FRIENDS**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. In partnership with Plaster Carousel Fun Painting Studio, and in honor of Gina Montalto, friends come together through creative expression. Email or**

**Contact Information:**

**The Friendship Journey**

**Location: Plaster Carousel Fun Painting Studio, Coral Springs**

**Email: Hello@TheFriendshipJourney.org  
TheFriendshipJourney.org**

**visit website.**

**JAIME'S ROOM**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. In partnership with the City of Coconut Creek, and in honor of Jaime Guttenberg, friends come together through dance, movement, and yoga to offer an inclusive program to the community. Email or visit website.**

**Contact Information:**

**The Friendship Journey  
Location: Recreation Complex, Coconut Creek  
Email: Hello@TheFriendshipJourney.org  
TheFriendshipJourney.org**

**SENSORY INCLUSIVE AND ALL ABILITIES PERFORMING ARTS**

**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. In partnership with the Broward Center for the Performing Arts, friend develop a love for theater through sensory inclusive performances that offer a supportive environment for sensory**

**Contact Information:**

**The Friendship Journey  
Location: Broward Center for the Performing Arts, Fort Lauderdale  
Email: Hello@TheFriendshipJourney.org  
TheFriendshipJourney.org**

**needs and all abilities classes that teach acting, dancing, and singing that will build confidence and friendships. Email or visit website.**

**FITNESS TRAINING AND ADAPTIVE CROSSFIT**  
**For ages 13 and up, with an intellectual, developmental, physical, and/ or hearing disability.**  
**Get healthy and stay fit! Garrett's Fight Foundation strives to turn disabilities into abilities by making necessary modifications to training and finding ways to conquer one's limitations. Group and one-to-one fitness training, and functional and physical skills training offered regardless of ability. Call or email for details.**

**H.A.P.P.I. FARM – Horse and Petting Pal Interaction**  
**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Contact Information:**  
**Garrett's Fight Foundation**  
**Location: Various locations in Broward County**  
**Phone: 954-270-9746**  
**Email: GarrettsFight@Gmail.com**  
**GarrettsFightFoundation.org**

**Contact Information:**  
**H.A.P.P.I. Farm**  
**Location: Davie**  
**Phone: 954-629-8133**  
**Email: HappiFarm@Hotmail.com or**

**Animal activities for children and adults with special needs. Therapeutic horseback riding, pony rides, farm tour, horticulture, music and art therapy, military veteran, and senior programs. \$10 for Petting Farm visit with pony or horse ride. Free for under one and over sixty-five years. Call, email, or visit website for details.**

**MarieLim@HappiFarm.org  
HappiFarm.org**

**JAFCO CHILDREN'S ABILITY CENTER**  
**For ages 4 to 22, and up, with an intellectual, developmental, and/ or physical disability.**  
**Life Skills – addresses skills needed for children to transition into independent adults including home management (cooking, cleaning), money management, and employment readiness.**  
**Social Skills – focuses on structured activities such as social language, and appropriate play and interaction with peers including parties and hangout.**

**Contact Information:**  
**JAFCO Children's Ability Center**  
**Location: Sunrise**  
**Phone: 954-315-8681**  
**Email: Devin@JAFCO.org**  
**JAFCO.org**



**Expressive Arts and Fitness: art, music dance, sports, fitness, yoga, science, playground fun, water play, and more. Call or email for details.**

**BRIGHT BEGINNINGS AND EARLY INTERVENTION**  
**For ages 0 to 5, with a visual disability. A free developmental and support program for parents and visually impaired or blind children. Provides parents and caregivers tools to help their child reach critical developmental stages that are typically achieved through visual interaction with the world. \*Client must have a visual diagnosis, and eye report.\* Year-round. Monday to Friday and some Saturdays from 8 a.m. to 4 p.m. Call or email for details.**

**THE DAVID AND JEAN COLKER KIDS PROGRAM**  
**For ages 6 to 13, with a visual disability. A free program to provide opportunities**

**Contact Information:**  
**Lighthouse of Broward**  
**Location: Sunrise**  
**Phone: 954-463-4217, ext. 140**  
**Email: FBrutus@LHOB.org**  
**LHOB.org**

**Contact Information:**  
**Lighthouse of Broward**  
**Location: Sunrise**  
**Phone: 954-463-4217, ext. 140**

**to learn age-appropriate, safe outdoor travel, computer and other high-tech devices, cooking, and self-care techniques. \*Client must have a visual diagnosis, an eye report, and be a client of the Division of Blind Services.\* Year-round, including Winter and Spring camps. Meets school holidays and two Saturdays a month from 8 a.m. to 4 p.m. Call or email for details.**

**Email: FBrutus@LHOB.org  
LHOB.org**

**TEEN LIFE**

**For ages 14 to 22, with a visual disability.**

**A free program to provide independence and life-planning after high school including college and job preparation, indoor or outdoor mobility, technology skills and more. \*Client must have a visual diagnosis, an eye report, and be a client of the Division of Blind Services.\* Year-round, including Winter and Spring camps. Meets school holidays and two Saturdays a month from 8 a.m. to 4 p.m.**

**Contact Information:  
Lighthouse of Broward  
Location: Sunrise  
Phone: 954-463-4217, ext. 140  
Email: FBrutus@LHOB.org  
LHOB.org**

<p><b>Call or email for details.</b></p>	
<p><b>FIT 4 LIFE</b>  <b>For ages 18 and up, with an intellectual or developmental disability.</b>  <b>A weekly fitness and wellness program that encourages exercise and healthy eating habits in a fun and social atmosphere. Saturdays from 9 a.m. to 12:30 p.m. Registration required.</b></p>	<p><b>Contact Information:</b>  <b>Living Inclusively for Everyone Inc. (LIFE)</b>  <b>Location: Plantation</b>  <b>Phone: 954-817-4742</b>  <b>Email: LifeFlorida@Gmail.com</b>  <b>Life-Florida.org</b></p>
<p><b>ADAPTIVE SPORTS AND RECREATION</b>  <b>ADAPTIVE FITNESS CLASS</b>  <b>For ages 18 and up, with a physical disability.</b>  <b>Adapted exercises intended to help community members achieve personal goals. Fridays from 4 p.m. to 5 p.m. Registration required. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>Memorial Rehabilitation Institute</b>  <b>Location: Memorial Rehabilitation Institute, Hollywood</b>  <b>Phone: 954-518-5563</b>  <b>Email: PStanchi@MHS.net</b>  <b>MHS.net/Services/Rehabilitation/Treatments/Types/Adaptive-Sports</b></p>
<p><b>9 MUSES DROP-IN CENTER</b>  <b>For ages 18 and over, living with mental illness. All are welcome.</b>  <b>Activity program for adults recovering from mental illness and/ or substance</b></p>	<p><b>Contact Information:</b>  <b>Mental Health Association of Southeast Florida</b>  <b>Location: 9 Muses Drop-In Center, Fort Lauderdale</b></p>

<p><b>abuse focusing on the arts. Drawing, painting, ceramics, clay, and music. Call or email for details.</b></p>	<p><b>Phone: 954-746-2055 or 954-746-9162</b>  <b>Email: 9Muses@MHASEFL.org</b>  <b>9MusesArtCenter.org</b>  <b>MHASEFL.org</b></p>
<p><b>CONNECT CREWS</b>  <b>For ages 18 and up, living with mental illness.</b>  <b>A small support group that meets at different locations to hang out and enjoy hobbies to help combat isolation and meet new friends. Call or email for details.</b></p>	<p><b>Contact Information:</b>  <b>National Alliance on Mental Illness, Broward County</b>  <b>Location: Varies</b>  <b>Phone: 954-316-9907</b>  <b>Email: NAMIBroward@gmail.com</b>  <b>NAMIBroward.org</b></p>
<p><b>WHEELCHAIR SPORTS</b>  <b>For ages 18 and over, with a physical disability.</b>  <b>Variety of recreation and sports opportunities. Call for details.</b></p>	<p><b>Contact Information:</b>  <b>Paralyzed Veterans of America, Florida Chapter</b>  <b>Location: Varies</b>  <b>Phone: 954-565-8885</b>  <b>PVAF.org</b></p>
<p><b>PARKLAND BUDDY SPORTS PROGRAM –</b>  <b>For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.</b>  <b>Recreational sports programs for all</b></p>	<p><b>Contact Information:</b>  <b>Parkland Buddy Sports Inc.</b>  <b>Locations: Parkland Country Club (PCC), Parkland</b>  <b>Pine Trails Park (PT), Parkland</b></p>

children with special needs. Student volunteer "Buddies" and children with special needs are paired together to educate and empower each other. Visit the website for details and each sports' contact person. Registration required.

**FLAG FOOTBALL:** August to October.  
Saturdays at 12 p.m., at Pine Trails Park

**RUNNING:** October to November.  
Sundays from 10:30 a.m. to 11:30 a.m.,  
at Terramar Park.

**SOCCKER:** October to December.  
Saturdays from 3:15 p.m. to 4:30 p.m.,  
at Pine Trails Park.

**BASKETBALL:** January to February.  
Sundays at 11:30 a.m., at Terramar  
Park.

**TENNIS AND PICKLEBALL:** March to  
May. Sundays at 10:20 a.m., at Terramar  
Park.

**KICKBALL:** June to August. Saturdays  
at 10 a.m., at Pine Trails Park.

**Terramar Park (T), Parkland**  
**Email: [Info@ParklandBuddySports.com](mailto:Info@ParklandBuddySports.com)**  
**[ParklandBuddySports.org](http://ParklandBuddySports.org)**

**PAL DYNAMITE – Plantation Athletic League Dynamites**

**For all ages, with intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Year-round programs, sports, and activities. No age limit and never too late to register. Must be accompanied by an adult. Activities every**

**Wednesday, Friday, and Saturday.**

**Sports are \$20 per season. Friday**

**Social Events are \$2 each. Call, text, or email for details.**

**SPECIAL EVENTS: A variety of events throughout the year on the first, second, and fifth Friday of the month.**

**INCLUSIVE BINGO: Second Friday of month at 7 p.m. at the Jim Ward Community Center in Plantation.**

**MARTIAL ARTS, MOVIES, AND SOCIAL:**

**Third Friday of month at 7:30 p.m. at the Jim Ward Community Center in Plantation.**

**Contact Information:**

**Plantation Athletic League**

**Location: Varies**

**Phone: 954-270-4455 (Call or Text after 3 p.m.)**

**Email: [ImagineLuz3D@Gmail.com](mailto:ImagineLuz3D@Gmail.com) or [DynamitesCommissioner@PalSports.org](mailto:DynamitesCommissioner@PalSports.org)  
[Leaguelineup.com/PlantationDynamites](http://Leaguelineup.com/PlantationDynamites)**

**DANCES: Fourth Friday of month at 7:30 p.m. at the Jim Ward Community Center in Plantation. \$2. (No dances in November and December).**

**SOCCER: Saturdays, in the Fall, at 4 p.m. at Pine Island Park in Plantation.**

**BASKETBALL: Wednesdays, in the Summer, indoors while school is out, at 7 p.m. at Plantation Central Park in Plantation.**

**BASEBALL, SOFTBALL, and/ or TEE BALL: Saturdays, in the Spring, at Pop Travers Park in Plantation.**

**BOWLING: Saturdays, year-round. \$5. Check website for details.**

**GALA/BANQUET: Annual free party, the second Friday of December, including dinner and surprises, at 8 p.m. at Volunteer Park in Plantation.**

**PICNIC: Annual picnic the first week in November, under the big tents, rain, or shine, at 3 p.m. at Pine Island Park in Plantation.**

**ADULT DAY PROGRAM**

**For ages 18 and up, with an intellectual and/ or developmental disability.**

**A daily enrichment program including life skills, recreation, functional academics, community participation, field trips, physical wellness, and more. Call or email for details.**

**Contact Information:****Schott Communities****Location: Cooper City****Phone: 954-434-3306****Email: DSilverman@SchottCommunities.org****SchottCommunities.org****SATURDAY ADULT ENRICHMENT PROGRAM**

**For ages 18 and up, with an intellectual and/ or developmental disability.**

**Spend time with Best Buddies and other teen volunteers, playing games, making crafts, dancing, and having fun.**

**Saturdays from 10 a.m. to 2 p.m. Call or email for details.**

**Contact Information:****Schott Communities****Location: Cooper City****Phone: 954-434-3306****Email: DSilverman@SchottCommunities.org****SchottCommunities.org****ARTS AND CRAFT CLASSES**

**For ages 18 and up, with an intellectual, developmental, and/ or physical disability.**

**Explore your creativity in these affordable classes. All supplies**

**Contact Information:****Schott Communities****Location: Cooper City****Phone: 954-434-3306****Email: DSilverman@SchottCommunities.org****SchottCommunities.org**



**included; no experience necessary.  
Weekdays from 10 a.m. to 2 p.m. and/ or  
1 p.m. to 3 p.m. Call or email for details.**

**SHAKE-A-LEG MIAMI**

**For all ages, with an intellectual,  
developmental, physical, emotional,  
visual, and/ or hearing disability.  
A unique lineup of adaptive water  
sports. Sailing, water sports instruction,  
fishing, physical conditioning, veterans  
and vocational programs, group  
programs, camps, special events, and  
more to aid in improving physical,  
developmental, and economic  
challenges. Call for details.**

**Contact Information:  
Shake-A-Leg Miami  
Location: Miami  
Phone: 305-858-5550  
ShakeaLegMiami.org**

**SPECIAL OLYMPICS FLORIDA – SOUTH  
REGION**

**For ages 8 and up, with an intellectual  
or developmental disability.  
Free year-round sports training and  
competition in more than 20 sports for  
all skill levels. Call or email for details.**

**Contact Information:  
Special Olympics Florida – South Region  
Location: Multiple locations within Broward  
County  
Phone: 954-262-2150  
Email: MichelleLeonardo@SOFL.org  
SpecialOlympicsFlorida.org/South**

**SPECIAL OLYMPICS  
LITTLE ELITES PROGRAM**  
For ages 6 to 12, with an intellectual or developmental disability.  
A sports program that bridges the gap between Young Athletes (ages 2 to 7) and competitive Special Olympics sports. Training offered in various sports. Call or email for details.

**Contact Information:**  
**Special Olympics Florida – South Region**  
**Location: Multiple Locations in Broward County**  
**Phone: 305-926-1124**  
**Email: MarkThompson@SOFL.org**  
**SpecialOlympicsFlorida.org/South**

**SPECIAL OLYMPICS  
MOTOR ACTIVITY TRAINING PROGRAM (MATP)**  
For ages 2 and up, with an intellectual or developmental disability.  
Program designed for athletes with severe disabilities whose physical and/or behavioral limitations preclude participation in traditional Special Olympics team and individual sports. Aids in improving basic motor skills. Call or email for details.

**Contact Information:**  
**Special Olympics Florida – South Region**  
**Location: Multiple Locations in Broward County**  
**Phone: 305-926-1124**  
**Email: MarkThompson@SOFL.org**  
**SpecialOlympicsFlorida.org/South**

**SPECIAL OLYMPICS  
YOUNG ATHLETES PROGRAM (YAP)**

**Contact Information:**  
**Special Olympics Florida – South Region**

**For ages 2 to 7, with an intellectual or developmental disability.**  
**An innovative sports play program that focuses on fundamental motor tracking, eye-hand coordination, and developing skills consistent with Special Olympics sports. Call or email for details.**

**Location: Multiple Locations in Broward County**  
**Phone: 305-926-1124**  
**Email: MarkThompson@SOFL.org**  
**SpecialOlympicsFlorida.org/South**

**SUPPORTABILITIES ADAPTIVE BOXING**  
**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**An inclusive, non-contact boxing fitness program for all ages and abilities.**  
**Offered in small groups. Call or email for details.**

**Contact Information:**  
**Supportabilities Foundation**  
**Location: Varies**  
**Phone: 518-312-7936**  
**Email:**  
**JZilinkas@SupportabilitiesFoundation.org**  
**SupportabilitiesFoundation.org**

**SUPPORTABILITIES FITNESS AND TRAINING**  
**For all ages, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**  
**A one-to-one program designed to meet the individual goals and needs of each participant. Offered in-person. Call or**

**Contact Information:**  
**Supportabilities Foundation**  
**Location: Varies**  
**Phone: 518-312-7936**  
**Email:**  
**JZilinkas@SupportabilitiesFoundation.org**  
**SupportabilitiesFoundation.org**

**email for details.**

**MOST (MAXIMIZING OUT OF SCHOOL TIME) AFTER-SCHOOL PROGRAM**

**For ages 3 to 22, with an intellectual, developmental, and/ or physical disability.**

**Quality academic and cultural arts experiences to develop and strengthen performance skills through fun activities. Small groups with appropriate adult to student ratios. Call or email for details.**

**Contact Information:**

**United Community Options of South Florida**

**Locations: Varies throughout Broward County**

**Phone: 954-584-7178**

**Email: Info@UCO-UCPSFL.org**

**UnitedCommunityOptionsSFL.org**

**S.T.E.P. (SUPPORTED TRAINING AND EMPLOYMENT) PROGRAM**

**For ages 16 to 21, with an intellectual, developmental, and/ or physical disability.**

**Year-round hands-on experiences designed to prepare individuals with varying exceptionalities for post-secondary education, training, and**

**Contact Information:**

**United Community Options of South Florida**

**Locations: Varies throughout Broward County**

**Phone: 954-584-7178**

**Email: Info@UCO-UCPSFL.org**

**UnitedCommunityOptionsSFL.org**

**employment. Meets individual educational and employment goals, fosters independence, self-advocacy, and improves social skills that aid in a sense of belonging in the community. Call or email for details.**

**VICTORY LIVING PRORGRAMS INC., ACTIVITIES**  
**For ages 22 and up, with an intellectual or developmental disability. A variety of scheduled activities throughout the month offering active and fun, recreation, and socialization with peers. Calendar of activities is distributed at the beginning of each month. Call or email for details.**

**WE ROCK THE SPECTRUM KIDS' SENSORY GYM**  
**For all ages, with an intellectual, developmental and/ or physical disability, autism, and special needs. We Rock the Spectrum Kids' Gym provides children of all abilities with a**

**Contact Information:**  
**Victory Living Programs**  
**Locations: Various locations throughout Broward County**  
**Phone: 954-616-1074**  
**Email: Activities@VictoryLiving.org**  
**VictoryLiving.org**

**Contact Information:**  
**We Rock the Spectrum Kids Gym**  
**Location: Davie**  
**Phone: 754-216-2153**  
**Email: Info@WeRocktheSpectrumDavie.com**  
**WeRocktheSpectrumDavie.com**

**fun and motivational environment to enhance in the areas of strength, movement, sensory processing, communication, behavior modification, social interaction, and self-care skills. Inclusive environment with unique pieces of sensory equipment specifically designed for children with sensory processing disorders. Call or email for details.**

**AYSO VIP EPIC PROGRAM**

**For ages 4 and up, and adults, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability.**

**Provides a free quality soccer experience for children and adults whose physical or mental disabilities make it difficult to successfully participate on mainstream teams. Parents and/ or guardians must remain on the field. Buddies help both on and off the field. Sundays from 10 a.m. to 11**

**Contact Information:  
Weston American Youth Soccer Organization (AYSO), Region 644  
Location: Weston Regional Park, Field # 4, Weston  
Email: VFiallos@ICloud.com  
AYSO644.org – click on Programs, then VIP**

**a.m. Fall session runs August to December. Spring session runs January to April. Email for details.**

**YMCA ADAPTIVE RECREATION PROGRAM**

**For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. An inclusive program that provides a noncompetitive and competitive environment for individuals with and without disabilities to participate and be physically active. Individualized assessments on ability, cognitive, emotional, physical, and social levels. Athletes will develop sports skills and be encouraged to do their personal best while having fun. Several sports run throughout the year. Call or email for details.**

**Contact Information:  
YMCA of South Florida  
Location: Varies throughout Broward County  
Phone: 954-766-5680  
Email: JLata@YMCASouthFlorida.org  
YMCASouthFlorida.org**

**Y MOST (MAXIMIZING OUT OF SCHOOL TIME) PROGRAM**

**For ages 4 to 22, with an intellectual,**

**Contact Information:  
YMCA of South Florida  
Location: Call for locations**

**developmental, physical, emotional, visual, and/ or hearing disability. Structured recreation program during school days that closely mirror typical afterschool or summer programs. Non-school day mini camps. Call for details.**

**Phone: 954-623-5555  
YMCASouthFlorida.org**

**S.T.E.P. (SUPPORTED TRAINING EMPLOYMENT) PROGRAM**  
**For ages 16 to 22, with an intellectual, developmental, and/ or physical disability. During the school year focusing on exploring post-secondary career and educational interests for skills to become successful adults. Supported summer employment and/ or volunteer opportunities. Call for details.**

**Contact Information:  
YMCA of South Florida  
Locations: Call for locations  
Phone: 954-623-5555  
YMCASouthFlorida.org**

**YMCA SWIM BUDDIES**  
**For ages 4 and up, with an intellectual, developmental, physical, emotional, visual, and/ or hearing disability. An inclusive program for children through adults. Each participant is**

**Contact Information:  
YMCA of South Florida  
Locations: Pembroke Pines and Weston  
Phone: 954-766-5680  
Email: JLata@YMCASouthFlorida.org  
YMCASouthFlorida.org**



**paired with a volunteer who works with them each session. Promotes aquatic skill development, family involvement, and social skills while increasing self-confidence and healthy lifestyle habits that include drowning prevention skills. Call or email for details.**

**YAA FOR ALL: SENSORY SATURDAYS**  
**For all ages, with an intellectual, developmental, physical, and emotional, disability and/ or with autism related disabilities.**  
**Interactive and inclusive exhibits and art activities for all. Sensory items and social narrative available for visitors to borrow on their visit. Second Saturday of every month from 11 a.m. to 12 p.m. \$12 admission per person. Free under age of 2 and for members. Call or email for details.**

**Contact Information:**  
**Young at Art Museum**  
**Location: Westfield Broward Mall, Ste 1208, Plantation**  
**Phone: 954-424-0085**  
**Email: Info@YoungatArtMuseum.org**  
**YoungatArtMuseum.org**

## **COUNTY AND MUNICIPAL PROVIDERS**

### **Broward County and City Contact Information and Access Features**

**There are 31 municipalities in Broward County, Florida. Most of the municipalities have their own independent park and recreation agencies that offer year-round recreation and leisure opportunities, park facilities, and amenities. For information on a particular park and recreation agency's programs and/or facilities, contact that municipal agency directly.**

**Playgrounds\*\* refer to the level of accessibility or usability that varies for each**

**playground noted under the access features.**

**BROWARD COUNTY PARKS AND RECREATION DIVISION –**

**[www.Broward.org/Parks](http://www.Broward.org/Parks)**

**Special Populations Section – Phone: 954-357-8170 or 954-357-8160, or TTY: 954-537-2844**

**POOLS AND/ OR WATER PLAYGROUNDS:**

- **C.B. Smith Park – Phone: 954-357-5170. Address: 900 North Flamingo Road, Pembroke Pines.**

**Water playgrounds with sloped entry, aquatic wheelchair, and Lazy River with lift.**

- **Central Broward Regional Park – Phone: 954-357-5400. Address: 3770 Northwest 11th Place, Lauderhill.**

**Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.**

- **Quiet Waters Park – Phone: 954-357-5100. Address: 401 South Powerline Road, Deerfield Beach.**

**Water playground with sloped entry, aquatic wheelchair.**

- **Topeekeegee Yugnee (T.Y.) Park – Phone: 954-357-8811. Address: 3300 North Park Road, Hollywood.**

**Pool with lift, sloped entry, aquatic wheelchair, and water playground with sloped entry, aquatic wheelchair.**

**Splash Pads at: Miramar Pineland Park – Phone: 954-357-8776. Address: 3600**

**South University Drive, Miramar. Vista View Park – Phone: 954-357-8898. Address: 4001 Southwest 142nd Avenue. West Lake Park – Phone: 954-357-5161. Address: 1200 Sheridan Street, Hollywood.**

**PLAYGROUNDS\*\***

**COCONUT CREEK PARKS AND RECREATION DEPARTMENT –**

**[www.CoconutCreek.net/Parks-and-Recreation](http://www.CoconutCreek.net/Parks-and-Recreation)**

**Wayne K. Tobey, Recreation Director – Phone: 954-545-6670, or Recreation Complex – Phone: 954-956-1580**

**PLAYGROUNDS\*\***

**COOPER CITY RECREATION DEPARTMENT –**

**[www.CooperCityFL.org/ParksandRecreation](http://www.CooperCityFL.org/ParksandRecreation)**

**Stacie Weiss, Recreation Director – 954-434-4300, ext. 295, or Jill Ankney, Aquatic Specialist – Phone: 954-434-4300, ext. 400**

**POOL:**

**• Cooper City Pool and Tennis Center – Phone: 954-436-7300. Address: 11600 Stonebridge Parkway. Pool with lift.**

**PLAYGROUNDS\*\***

**CORAL SPRINGS PARKS AND RECREATION –**

**[www.CoralSprings.org/Parks](http://www.CoralSprings.org/Parks)**

**Robert Hunter, Recreation Director: 954-345-2200**

## **POOLS:**

- **Mullins Park Pool – Phone: 954-345-2170. Address: 10180 Northwest 29th Street. One (1) pool with lift and one (1) pool with zero-depth entry.**
- **Coral Springs Aquatic Complex – Phone: 954-345-2121. Address 12441 Royal Palm Boulevard. Pool with lift.**
- **Cypress Water Park – Phone: 954-345-2109. Address: 1300 Coral Springs Drive. Pool with lift and Activity Pool with zero-depth entry.**

## **PLAYGROUNDS\*\***

## **DANIA BEACH PARKS AND RECREATION DEPARTMENT –**

**[www.DaniaBeachFL.gov/273/Parks-Recreation](http://www.DaniaBeachFL.gov/273/Parks-Recreation)**

**Cassi Waren, Recreation Director – Phone: 954-924-6800, ext. 3731**

## **POOLS:**

- **Patrick J. Meli Park Aquatic Complex – Phone: 954-985-4400. Address: 2901 Southwest 52nd Street. Pool with lift.**
- **C.W. Thomas Park Pool – Phone: 954-924-3692. Address: 100 Northwest 8th Avenue. Pool with lift. Under construction.**

**ROPES COURSE (low and high course) – Tigertail Lake Recreational Center – Phone: 954-201-4500. Address: 580 Gulfstream Way.**

**BEACH ACCESS – Phone: 954-924-3696. Address: 100 North Beach Road. Access from parking to tiki hut on beach, picnic area, and restroom.**

## **PLAYGROUNDS\*\***

**DAVIE PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –**

**[www.Davie-FL.gov/235/Parks-Recreation-Cultural-Arts](http://www.Davie-FL.gov/235/Parks-Recreation-Cultural-Arts)**

**Administrative Offices – Phone: 954-797-1146**

**POOLS:**

- **Davie Pine Island Park Aquatics Center – Phone: 954-327-3926. Address: 3800 Southwest 92nd Avenue. Pool with ramp.**
- **Betty Booth Roberts Park Pool – Phone: 954-797-6716. Address: 4200 Southwest 61st Avenue. Pool with lift.**

**Splash Pad at: Shenandoah Park – Address: 14601 Southwest 14th Street.**

**PLAYGROUNDS \*\***

**DEERFIELD BEACH PARK AND RECREATION DEPARTMENT –**

**[www.Deerfield-Beach.com/39/Parks-Recreation](http://www.Deerfield-Beach.com/39/Parks-Recreation)**

**Administrative Offices: 954-480-4433**

**POOL:**

- **Deerfield Beach Aquatic Center – Phone: 954-420-2262. Address: 501 Southeast 6th Avenue. Pool with lift, zero-depth entry, and water wheelchair.**

**BEACH ACCESS – Phone: 954-480-4412. BEACH CONDITIONS – Phone: 954-480-4413 (recorded daily).**

- **North Beach (International Fishing Pier): 200 Northeast 21st Avenue. Pier, boardwalk, and beach wheelchair available at Lifeguard Station #3, located at Hillsboro Boulevard and Southeast 21st Avenue.**
- **North Beach (Kirk Cottrell) Pavilion – Address: 314 Northeast 21st Avenue.**

**Walkway to sand.**

**Splash Pad Water Feature at: Sullivan Park – Address: 1700 Riverview Road.**

**PLAYGROUNDS\*\***

**FORT LAUDERDALE PARKS AND RECREATION DEPARTMENT –**

**[www.Parks.FortLauderdale.gov](http://www.Parks.FortLauderdale.gov)**

**Carl Williams, Recreation Director – Phone: 954-828-7275, or Matthew Cobb, ADA**

**Coordinator – Phone: 954-828-6510 or Susan Riestra, ADA Event Coordinator –**

**Phone: 954-828-4612**

**POOLS:**

• **Fort Lauderdale Aquatic Complex – Phone: 954-828-4580. Address: 501**

**Seabreeze Boulevard. Pool with lift.**

• **Croissant Park Pool – Phone: 954-828-6156. Address: 245 West Park Drive. Pool**

**with ramp, water wheelchair, and Water Playground with lift, zero-depth entry, and water wheelchair.**

• **Lauderdale Manors Park Pool – Phone: 954-828-5412. Address: 1340 Chateau**

**Park Drive. Pool with lift and Water Playground with zero-depth entry.**

• **Riverland Park Pool – Phone: 954-828-5322. Address: 950 Southwest 27th**

**Avenue. Pool with lift, ramp, water wheelchair, and Water Playground with zero-depth entry and water wheelchair.**

• **Bass Park Pool – Phone: 954-828-6019. Address: 2750 Northwest 19th Street.**

**Pool with lift and steps.**

• **Joseph C. Carter Park Pool – Phone: 954-828-5407. Address: 1450 West Sunrise**

**Boulevard. Pool with lift, steps, and Water Playground with zero-depth entry.**

• **Sunrise Middle School Pool – Phone: 954-721-2018. Address: 1750 Northeast 14th Street. Pool with ramp and water wheelchair.**

**BEACH ACCESS – Phone: 954-828-4595. Beach wheelchair at Sebastian Street Lifeguard Station. Playground, restrooms, showers, and parking located at 3031 Sebastian Street at A1A.**

**Splash Pad at: Osswald Park – Address: 2220 Northwest 21st Avenue.**

**PLAYGROUNDS \*\***

**HALLANDALE BEACH PARKS AND RECREATION, AND OPEN SPACES**

**DEPARTMENT - [www.COHB.org/Parks](http://www.COHB.org/Parks)**

**Cathie Schanz, Recreation Director – Phone: 954-457-1452**

**POOL:**

• **B.F. James Park Pool – Phone: 954-457-1321. Address: 777 Northwest 1st Avenue. Pool with lift and zero-depth entry.**

**BEACH ACCESS – Hallandale Ocean Rescue – Phone: 954-362-9198.**

• **Beach access mats located at: South City Beach Park – Address: 1870 South Ocean Drive and North City Beach Park – Address: 111 South Surf Road.**

**Beach wheelchairs available at Towers One (1) and Two (2) on a first-come, first-serve basis.**

**PLAYGROUNDS \*\* Accessible City playgrounds include: BJ James Park, 777 Northwest 1st Avenue, Foster Park, 608 Northwest 6th Avenue, Golden Isles Park, 500 Egret Drive, Ingalls Park 735 Southwest 1st Street, Joseph Scavo Park, 900**



**Three Islands Boulevard, OB Johnson Park, 1000 Northwest 8th Avenue, Peter Bluseten Park, 501 Southwest 1st Avenue, South City Beach Park, 1870 South Ocean Drive, Sunrise Park, 416 Northwest 8th Avenue, Sunset Park, 814 Southwest 6th Avenue.**

**HOLLYWOOD DEPARTMENT OF PARKS, RECREATION AND CULTURAL ARTS -  
[www.HollywoodFL.org/97/Parks-Recreation-Cultural-Arts](http://www.HollywoodFL.org/97/Parks-Recreation-Cultural-Arts)**

**Ricky Engle, Recreation Director – Phone: 954-921-3404, or Monique Spencer,  
Program Supervisor – Phone: 954-921-4235**

**POOL:**

• **Driftwood Community Pool – Phone: 954-967-4644. Address: 3000 North 69th Avenue. Pool with lift, zero-depth entry, and handrails – heated.**

**BEACH ACCESS – Phone: 954-921-3423. BEACH CONDITIONS – Phone: 954-921-3334. Beach wheelchairs may be reserved on a first-come, first-serve basis. Mobi-Mat access located at eight (8) points along beach: Carolina Street, Connecticut Street, Johnson Street, New York Street, ADA ramp between Tyler Street, and Harrison Street, Oregon Street, and between Iris Terrace and Magnolia Terrace.**

**PLAYGROUNDS\*\***

**LAUDERDALE-BY-THE-SEA PARKS AND RECREATION –  
[www.LauderdalebytheSea-fl.gov/169/Parks-Beach-Portals](http://www.LauderdalebytheSea-fl.gov/169/Parks-Beach-Portals)**

**General Information – Phone: 954-640-4232**

**BEACH ACCESS – Phone: 954-640-4200. Beach wheelchair available. Seven (7)**

**points of beach access via sidewalk flush with sand or beach entry. Mobi-Mat entry to the beach at El Prado Park.**

**LAUDERDALE LAKES PARKS AND HUMAN SERVICES DEPARTMENT –**

**[www.LauderdaleLakes.org/133/Parks-Human-Services](http://www.LauderdaleLakes.org/133/Parks-Human-Services)**

**Ericka Lockett, Parks and Human Services Director – Phone: 954-535-2808**

**POOL:**

**• Lauderdale Lakes Swimming Pool Complex – Phone: 954-733-6283. Address: 3077 Northwest 39th Street. Pool with zero-depth entry, and water wheelchair – heated.**

**PLAYGROUNDS\*\***

**LAUDERHILL PARKS AND LEISURE SERVICES –**

**[www.Lauderhill-FL.gov/Parks-Recreation](http://www.Lauderhill-FL.gov/Parks-Recreation)**

**Scott Newton, Parks and Recreation Director – Phone: 954-730-3084, or Brian Picinic, Deputy Director – Phone: 954-572-1478, or Daphne Dyer, Assistant Director – Phone: 954-321-2454, or Aquatics – Phone: 954-572-1462**

**POOLS:**

**• John E. Mullin Park and Lauderdale Aquatic Center – Phone: 954-486-8450. Address: 2000 Northwest 55th Avenue. Pool with lift and zero depth entry water feature.**

**• Veterans Park Pool – Phone: 954-572-1459. Address: 7600 Northwest 50th Street. Pool with lift and ramp.**

- **Wolk Park Pool – Phone: 954-321-2466. Address: 1080 Northwest 42nd Way. Pool with lift.**

**PLAYGROUNDS\*\***

**LIGHTHOUSE POINT RECREATION DEPARTMENT –**

**[www.LightHousePoint.com/176/Recreation](http://www.LightHousePoint.com/176/Recreation)**

**Becky Word, Recreation Director – Phone: 954-784-3439**

**PLAYGROUNDS \*\***

**MARGATE PARKS AND RECREATION DEPARTMENT –**

**[www.MargateFL.com/211/Parks-Recreation](http://www.MargateFL.com/211/Parks-Recreation)**

**Michael A. Jones, Recreation Director – Phone: 954-972-6458**

**POOL:**

- **Calypso Cove Water Park – Phone: 954-974-4566. Address: 6200 Royal Palm Boulevard. Pool with lift and Water Playground with zero-depth entry.**

**PLAYGROUNDS\*\***

**MIRAMAR PARKS AND RECREATION DEPARTMENT –**

**[www.MiramarFL.gov/1726/Parks-Recreation](http://www.MiramarFL.gov/1726/Parks-Recreation)**

**Billy Neal, Recreation Director – Phone: 954-602-3344, or Administration – Phone: 954-602-3172**

**POOLS:**

- **Historic Miramar Aquatic Complex – Phone: 954-602-3367. Address: 6920**

**Southwest 35th Street. Pool with lift and ramp and Wading Pool with zero-depth entry.**

• **Miramar Regional Aquatic Complex – Phone: 954-883-6955. Address: 16801 Miramar Parkway. Pool with lift and ramp and Water Playground with zero-depth entry.**

**Splash Pads at: Miramar Regional Aquatic Complex – Address: 16801 Miramar Parkway. Shirley Branca Park – Address: 6900 Miramar Parkway. Vizcaya Park – Address: 14200 Southwest 55th Street.**

## **PLAYGROUNDS\*\***

### **NORTH LAUDERDALE PARKS AND RECREATION DEPARTMENT –**

**[/www.NLauderdale.org/Departments/Parks\\_and\\_Recreation](http://www.NLauderdale.org/Departments/Parks_and_Recreation)**

**Patrick Cann, Recreation Director – Phone: 954-597-4704, or Aquatics – Phone: 954-724-7061**

#### **POOL:**

• **Jerry Resnick Aquatic Center – Phone: 954-724-7063. Address: 701 Southwest 71st Avenue. Pool with lift – heated and Water Playground.**

## **PLAYGROUNDS\*\***

### **OAKLAND PARK PARKS AND LEISURE SERVICES DEPARTMENT –**

**[www.OaklandParkFL.gov/195/Parks-Leisure-Services](http://www.OaklandParkFL.gov/195/Parks-Leisure-Services)**

**General Information – Phone: 954-630-4500**

**CANOE AND/OR KAYAK LAUNCH – J. Dewey Hawkins Landing – Address:**

**Northeast 12th Terrace and 30th Court. North and South docks are temporarily closed.**

**BOCCE COURTS – Royal Palm Pavilion South – Address: 1701 Northwest 12th Terrace.**

**Splash Pad at: City Park – Address: 3900 Northeast Third Avenue. Closed for maintenance.**

**PLAYGROUNDS\*\***

**PARKLAND PARKS AND RECREATION DIVISION –**

**[www.CityofParkland.org/108/Parks-and-Recreation](http://www.CityofParkland.org/108/Parks-and-Recreation)**

**Ryan Mariano, Parks and Recreation Manager – Phone: 954-757-4104, or Felicia Trainor, Assistant Director – Phone: 954-757-4131**

**City facilities equipped with QR code to sensory maps and social scripts.**

**Available at <https://cityofparkland.org/Autismfriendly>.**

**PLAYGROUNDS\*\* Pines Trails Park Playground – Phone: 954-913-0496. Address: 10555 Trails End. Playground with ramps, wheelchair access, and wheelchair accessible features. Terramar Park Playground – Phone: 954-913-0496. Address: 6700 West Hillsboro Boulevard. Playground with ramps, wheelchair access, and wheelchair accessible features.**

**TOWN OF PEMBROKE PARK PARKS DEPARTMENT –**

**[www.TPPFL.gov/Parks-Department](http://www.TPPFL.gov/Parks-Department)**

**Parks Department – Phone: 954-986-0790**

**FISHING PIER – Patrick Behan Park – Phone: 954-986-9053. Address: 3200 South 25th Street.**

**PEMBROKE PINES RECREATION AND CULTURAL ARTS DEPARTMENT –  
[www.PPines.com/278/Recreation-Cultural-Arts](http://www.PPines.com/278/Recreation-Cultural-Arts)**

**Carol Campisi Toscano, Assistant Recreation Director – Phone: 954-392-2130, or  
Thomas Joyce, Recreation Supervisor – Phone: 954-431-4146**

**POOLS:**

- **Pembroke Pines YMCA Aquatic Center – Phone: 954-447-7645. Address: 1361 Northwest 129th Avenue. Pool with zero-depth entry and access chair.**
- **Southwest Focal Point Senior Center Pool – Phone: 954-450-6888. Address: 301 Northwest 103rd Avenue. Pool with ramp, access chair – heated.**
- **Towngate Park Pool – Phone: 954-450-6895. Address: 901 Northwest 155th Avenue. Pool with lift – heated.**
- **Rose G. Price Park Pool – Phone: 954-437-1140. Address: 901 Northwest 208th Avenue. Pool with lift.**

**MIRACLE LEAGUE BASEBALL FIELD – Rose G. Price Park – Address: 901 Northwest 208th Avenue. Rubberized surface, totally accessible baseball field for use by individuals who may use wheelchairs, walkers, other assistive devices.**

**PLAYGROUNDS\*\* or WATER PLAYGROUNDS\*\***

**PLANTATION PARKS AND RECREATION DEPARTMENT –  
[www.Plantation.org/Government/Departments/Parks-Recreation](http://www.Plantation.org/Government/Departments/Parks-Recreation)**

**Phil Goodrich, Recreation Director – Phone: 954-452-2511, or Christopher Cooksey, Aquatics Manager – Phone: 954-916-5608**

**POOLS:**

- **Plantation Aquatic Complex – Phone: 954-452-2525. Address: 9151 Northwest 2nd Street. Pool Number One (1): Competition pool with lift – heated. Pool Number Two (2): Training Pool with zero depth entry, ramp, and water wheelchair.**
- **Jim Ward Park – Phone 954-585-2344. Address: 301 Northwest 46th Avenue. Water Playground with zero depth entry.**

**EXERCISE COURSE FOR WHEELCHAIR USERS**

- **Veterans Park – Address: 1776 Lauderdale West Drive.**

**PLAYGROUNDS\*\* or WATER PLAYGROUND\*\***

**POMPANO BEACH PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT –**

**<https://Parks.PompanoBeachFL.gov/>**

**General Information – Phone: 954-786-4111**

**POOLS:**

- **Pompano Beach Aquatic Center – Phone: 954-786-4128. Address: 820 Northeast 18th Avenue. Pool with lift and stairs.**
- **Houston Sworn Aquatic Center – Phone: 954-786-4116. Address: 901 Northwest 10th Street. Pool with lift.**

**BEACH ACCESS – Phone: 954-786-4337. BEACH CONDITIONS – Phone: 954-786-4005 (recorded daily). Address: 50 North Pompano Beach Boulevard. Two (2) beach wheelchairs available on a first-come, first-serve basis at Tower Seven (7)**

**or Ocean Rescue Headquarters. Blue Mobi Mat pathway extends to edge of sand dune.**

**GOLF COURSE – Pro Shop Phone: 954-781-0426. Address: 1101 North Federal Highway. Adaptive golf cart (Solo Rider) available for individuals with limited walking ability.**

**PLAYGROUNDS\*\***

**SOUTHWEST RANCHES' PARKS, RECREATION, AND OPEN SPACE DEPARTMENT –  
[www.SouthWestRanches.org/Departments/Parks-Recreation-and-Open-Space/](http://www.SouthWestRanches.org/Departments/Parks-Recreation-and-Open-Space/)  
December Lauretano-Haines, Parks, Recreation and Open Space Manager –  
Phone: 954-434-0008**

**Sunshine Ranches Equestrian Park, Rolling Oaks Park, Country Estates Fishing Hole Park, Calusa Corners Park, Trailside Park.**

**PLAYGROUNDS\*\***

**SUNRISE LEISURE SERVICES DEPARTMENT –**

**[www.SunriseFL.gov/Departments-Services/Leisure-Services](http://www.SunriseFL.gov/Departments-Services/Leisure-Services)**

**Kevin Pickard, Recreation Director – Phone: 954-747-4655, or Maria Little, Deputy Director – Phone: 954-747-4660**

**POOL:**

**• Sunrise Civic Center Aquatics Center – Phone: 954-747-4636. Address: 10610 West Oakland Park Boulevard. Pool with lift and Teaching Pool with zero-depth entry.**

**Splash Pads at: Cypress Preserve Park – Address: 9020 Northwest 38th Street,**



**Flamingo Park – Address: 12855 Northwest 8th Street, City Park – Address: 6600 Sunset Strip, Roarke Hall Pool – Address: 1720 Northwest 60th Avenue, open summers only, and Welleby Park – Address: 11100 Northwest 44th Street.**

**PLAYGROUNDS\*\***

**TAMARAC PARKS AND RECREATION DEPARTMENT –**

**[www.Tamarac.org/100/Parks-Recreation](http://www.Tamarac.org/100/Parks-Recreation)**

**Rudolph Galindo, Parks and Recreation Director – Phone: 954-597-3638**

**POOL:**

**• Caporella Aquatic Center – Phone: 954-597-3660. Address: 9300 Northwest 58th Street. Pool and Water Playground with zero-depth entry, water wheelchair – heated.**

**Splash Pad at: Caporella Park – Address: 5200 Prospect Road. Waters Edge Park – Address: 7508 Northwest 61st Street.**

**PLAYGROUNDS\*\***

**WEST PARK PARKS AND RECREATION –**

**[www.CityofWestPark.org/Government/Departments/Parks-and-Recreation](http://www.CityofWestPark.org/Government/Departments/Parks-and-Recreation)**

**General Information – Phone: 954-964-0284**

**PLAYGROUNDS\*\***

**WESTON PARKS AND RECREATION –**

**[www.WestonFL.org/Government/Parks-and-Recreation](http://www.WestonFL.org/Government/Parks-and-Recreation)**

**Kara Petty, Recreation Director – Phone: 954-389-4321**

**Autism friendly community and other disabilities. Resources available at <https://www.westonfl.org/residents/community-resources/autism-friendly-community>.**

**PLAYGROUNDS\*\* Communication Boards available at Bonaventure Park – Phone: 954-385-2000. Address: 520 Racquet Club Road. Emerald Estate Park – Phone: 954-389-4321. Address: 16400 Emerald Estates Drive. Gator Run Park – Phone: 954-389-4321. Address: 1101 Park Boulevard. Peace Mound Park – Phone: 954-389-4321. Address: 1300 Three Village Road. Tequesta Trace Park – Phone: 954-389-432. Address: 600 Indian Trace.**

**WILTON MANORS LEISURE SERVICES DEPARTMENT – [www.WiltonManors.com/149/Leisure-Services](http://www.WiltonManors.com/149/Leisure-Services)**

**Michelle Parks, Division Director – Phone: 954-390-2108**

**WHEELCHAIR-ACCESSIBLE BOAT RAMP at: Snook Creek Park – Address: 2351 Powerline Road and Colohatchee Boat Ramp – Address: 1975 Northeast 15th Avenue.**

**Splash Pad at: Mickel Park – Address: 2675 Northwest 7th Avenue.**

**PLAYGROUNDS \*\***

**DR. VON D. MIZELL – EULA JOHNSON STATE PARK – [FloridaStateParks.org/Mizell](http://FloridaStateParks.org/Mizell)**

**John Frosbutter, Park Services Specialist – Phone: 954-924-3859, or General**

**Information – Phone: 954-923-2833**

**BEACH ACCESS – Address: 6503 North Ocean Drive, Dania Beach. Limited number of beach wheelchairs available, on a first-come, first-serve basis.**

**HUGH TAYLOR BIRCH STATE PARK –**

**FloridaStateParks.org/HughTaylorBirch**

**Shane Zigler, Park Manager – Phone: 954-564-4521**

**Large-print and audio park brochure available upon request. One (1) mile audio tour of park available. Quarter-mile accessible Rail Trail.**

**BEACH ACCESS – Address: 3109 East Sunrise Boulevard, Fort Lauderdale. Beach wheelchair available at the Ranger Station on first-come, first-serve basis.**

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**Parks and Recreation Division**

**A SERVICE OF THE BROWARD COUNTY BOARD OF COUNTY COMMISSIONERS**

**VISIT US ON THE WEB - [Broward.org/Parks](http://Broward.org/Parks)**